



ReConnect

Sex & Relationships Education Policy

ReConnect Sex and Relationships Education (SRE) Policy

Purpose:

ReConnect 1-1 is committed to delivering high-quality, inclusive, and age-appropriate Sex and Relationships Education (SRE) to all students. This policy outlines our approach to teaching SRE, ensuring that students are equipped with the knowledge, skills, and values they need to develop healthy, respectful relationships and make informed choices about their health and well-being.

1. Legal Framework and Statutory Requirements:

This policy adheres to the guidance set out in the following:

- **Relationships Education, Relationships and Sex Education (RSE), and Health Education Guidance (DfE, 2019)**
- **Children and Social Work Act 2017**
- **Education Act 1996**
- **Equality Act 2010**
- **SEND Code of Practice (2015)**

ReConnect is committed to meeting the statutory requirements for teaching SRE to all students, ensuring compliance with government regulations while tailoring our approach to meet the diverse needs of our students, including those with special educational needs and disabilities (SEND).

2. Aims and Objectives of SRE:

The aims of SRE at ReConnect are to:

- **Provide accurate and age-appropriate information** about physical, emotional, and social aspects of human development, relationships, and sexual health.
- **Equip students with the skills** to develop healthy, respectful, and positive relationships, both online and offline.
- **Promote respect and inclusivity** by fostering understanding and acceptance of different sexual orientations, gender identities, and relationship types.
- **Support emotional well-being** by teaching students how to manage their feelings, navigate peer pressure, and recognise unhealthy relationships.
- **Encourage informed decision-making** by discussing consent, sexual health, contraception, and how to access help and support when needed.

3. Content of SRE Curriculum:

ReConnect's SRE curriculum is tailored to the specific needs and ages of our students. The curriculum covers the following key areas:

3.1 Relationships Education:

- Building and maintaining healthy, respectful relationships.
- Understanding consent and personal boundaries.
- Managing peer pressure and developing assertiveness.
- Addressing issues of bullying, harassment, and abuse.

- The importance of family, friendship, and other significant relationships in personal development.

3.2 Sex Education:

- Human reproduction, puberty, and physical changes.
- Understanding sexual health, including contraception and sexually transmitted infections (STIs).
- The emotional and physical aspects of sexual activity.
- Making informed choices about sexual relationships and understanding the consequences of sexual activity.
- Understanding different sexual orientations and gender identities.

3.3 Online Safety:

- Recognising the risks of online relationships, including cyberbullying, grooming, and inappropriate content.
- Promoting respectful online behaviour and understanding the impact of sharing personal information.
- Navigating social media safely and critically evaluating media portrayals of relationships and sexuality.

3.4 Health Education:

- Understanding mental and emotional well-being, including managing stress, anxiety, and emotional health.
- Body image, self-esteem, and the influence of media and peers.
- Awareness of physical health, including healthy lifestyle choices and hygiene.

4. Delivery of SRE:

4.1 Teaching Methods:

SRE at ReConnect is delivered through a combination of:

- **Classroom-based lessons** integrated into the wider personal, social, health, and economic (PSHE) curriculum.
- **Small group discussions** and one-to-one sessions to accommodate individual needs, particularly for students with additional learning needs or those requiring more sensitive approaches.
- **Interactive activities** such as role-playing, case studies, and workshops to engage students actively in their learning.
- **External experts and workshops**, including qualified health professionals, to provide additional insight and address specific areas of interest or concern.

4.2 Tailoring for SEND Students:

We ensure that SRE is accessible to all students, including those with SEND. This may involve:

- Simplifying language, providing visual aids, or using alternative communication methods.
- Addressing specific needs and adapting content to support understanding and inclusion.

- Providing additional support from specialist staff or external professionals when required.

4.3 Safe Learning Environment:

To ensure students feel comfortable and safe discussing sensitive topics:

- Teachers will create an atmosphere of respect and trust, encouraging students to ask questions without fear of judgment.
- Clear ground rules will be established for respectful listening and participation.
- Anonymous question boxes or other methods may be used to allow students to ask questions they may feel uncomfortable voicing aloud.

5. Parental/Guardian Involvement:

5.1 Right to Withdraw from Sex Education:

Parents/guardians have the right to request that their child be withdrawn from **sex education** lessons that are not part of statutory Relationships Education or Health Education. If a parent wishes to exercise this right, they must submit a written request to ReConnect's management team.

5.2 Consultation and Communication:

ReConnect values the partnership with parents/guardians and will:

- Provide information on the content of the SRE curriculum and its delivery.
- Offer opportunities for parents/guardians to discuss the curriculum and raise any concerns.
- Keep parents informed of any external professionals delivering SRE content.

5.3 Support for Families:

ReConnect offers guidance and resources to help parents/guardians discuss SRE topics with their children at home. Workshops or information sessions may also be available to parents to support their understanding of the curriculum and their role in their child's learning.

6. Safeguarding and Confidentiality:

ReConnect takes the safeguarding of students seriously, particularly when discussing sensitive topics such as sexual health, relationships, and consent. Our approach includes:

- **Confidentiality:** Teachers will maintain confidentiality when discussing sensitive issues but will inform students that any safeguarding concerns will be referred to the Designated Safeguarding Lead (DSL) in line with ReConnect's Safeguarding Policy.
- **Reporting Concerns:** If a student discloses information during an SRE session that raises a safeguarding concern (e.g., experiences of abuse or exploitation), staff will follow ReConnect's safeguarding procedures to ensure the student is supported.
- **Signposting Support:** Students will be made aware of trusted adults, counsellors, or external services they can approach for help or advice about relationships, sexual health, or well-being.

7. Equal Opportunities and Inclusion:

ReConnect is committed to providing an SRE program that is inclusive and reflective of the diverse student body we serve. This means:

- Promoting **respect and understanding** for different cultures, religions, and family structures.
- Ensuring that discussions around relationships and sex are inclusive of all sexual orientations and gender identities, promoting equality for LGBTQ+ students.
- Avoiding stereotypes and ensuring that content is gender-sensitive and relevant to all students, regardless of their background or identity.

8. Assessment and Monitoring:

8.1 Student Progress:

Students' understanding of SRE topics will be monitored through informal assessments, discussions, and reflections. Staff will provide feedback and ensure that individual learning needs are met.

8.2 Policy Review:

This policy will be reviewed annually to ensure it reflects current legislation, best practices, and the needs of our students. Feedback from students, staff, and parents will be used to inform any changes.

9. Complaints Procedure:

Parents or guardians who have concerns about the SRE curriculum or its delivery should follow ReConnect's **Complaints Procedure**, available on request. Complaints will be handled promptly, with opportunities for discussion and resolution.

Contact Information:

For more information on our SRE curriculum or to discuss any concerns, please contact:

- Phone: 07599 035520
- Email: admin@reconnect1-1.com
- Website: www.reconnect1-1.com

This Sex and Relationships Education Policy reflects ReConnect's commitment to supporting students' holistic development, ensuring they are well-prepared to build healthy, respectful relationships and make informed decisions about their health and well-being.